

He Cannot Be Patient When His Wife Has Her Period

لا يستطيع أن يصبر عن زوجته أثناء حيضها

{English – إنجليزي}

Shaikh Muhammad Salih Al-Munajjid

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{باللغة الإنجليزية}

لفضيلة الشيخ محمد صالح المنجد

المصدر: موقع الإسلام سؤال وجواب

<http://www.islamqa.com>

مراجعة الترجمة: أبو أدهم أسامة عمارة (موقع دار الإسلام)

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His wife has a long period of menstruation up to seven days before she does *ghusl*. But he feels this time is too long to wait as his sexual appetite is so high. What must he do or what must she do to solve the problem?

Praise be to Allaah.

We have already explained in question no. [36722](#) that a man may be intimate with his wife in all ways apart from intercourse, because when the Prophet (peace and blessings of Allaah be upon him) was asked about intimacy with a menstruating woman, he said, “Do everything except intercourse.” (Narrated by Muslim, 302)

The husband also has another permissible means of fulfilling his desire, which is masturbation by his wife’s hand. The evidence for that is the general meaning of the verse (interpretation of the meaning): “And those who guard their chastity (i.e. private parts from illegal sexual acts). Except from their wives or the (women slaves) whom their right hands possess — for (then) they are not blameworthy.” (Al-Ma’aarij: 29-30) See also question No. [826](#)

And Allaah knows best.