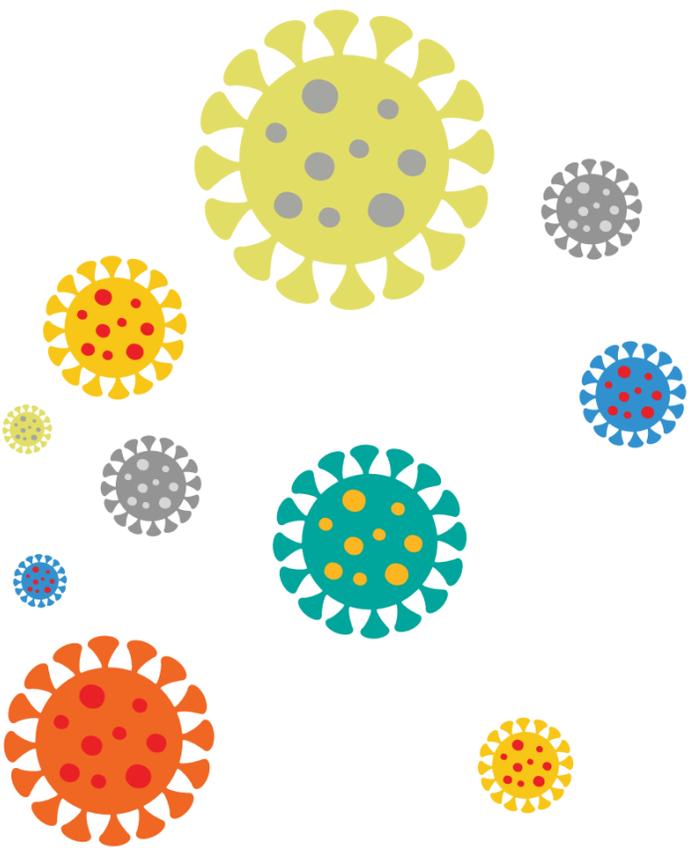




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Coronavirus

disease 2019
(COVID-19)



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Updated on 18/3/2020



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What is **Corona virus?**
(COVID-19)





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Corona virus infection **transmission methods** (COVID-19)



1

Through respirator
droplets

2

contact with
contaminated surfaces

3

Direct contact
with infected people



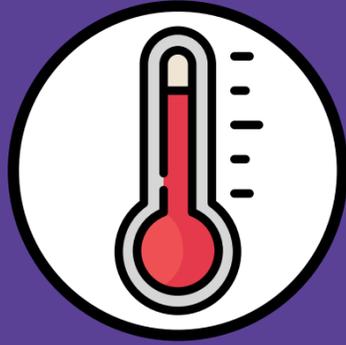
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Corona virus symptoms (COVID-19)



Fever



Cough



Shortness
of breath

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How to prevent yourself corona virus infection (COVID-19)



Wash your hands
with soap and water



Cover your mouth and nose
when coughing and sneezing



Avoid close contact
who have symptoms of
a respiratory Infection such
as coughing or sneezing

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When to wash your hands?

Before, during and
after preparing food



before eating



After coughing
and sneezing



Before and after taking
care of an infected person



After using
the toilet



After changing
diapers



After touching
the animals



After touching
the trash



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The Proper way to wash your hands



7



8



4



5



6



1



2



3

When



Before and after
preparing food



After coughing
and sneezing



After using the
toilet

Wash your hands with soap and water for 40 sec
or alcohol-based hand sanitizers for 20 sec

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**The proper way to
wash your hands**





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Sneezing etiquette to reduce infection



Use **tissue**
when
sneezing



cover your
mouth and
nose with
your **elbow**



Wash your hands
with **soap** and
water for **40 sec**



Dispose used
tissue in the
trash

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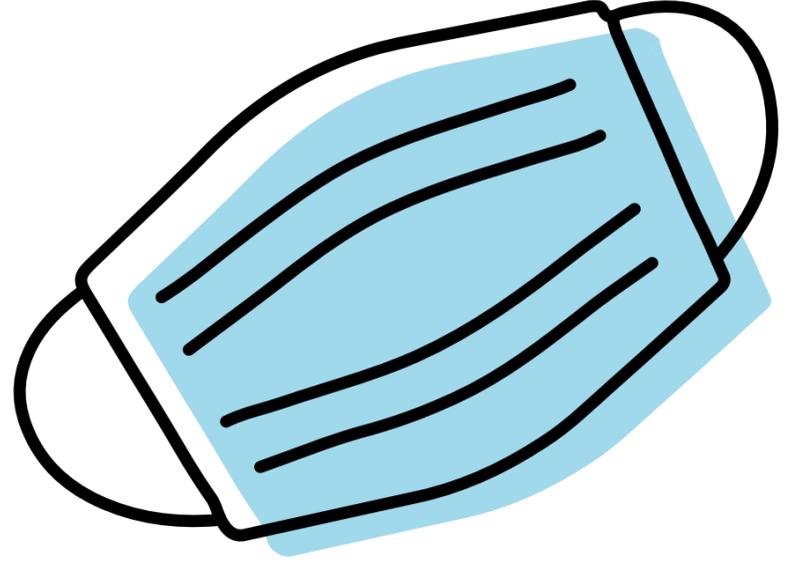


Wrong habits





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The mask should not be worn!

unless you are:



suffering from respiratory symptoms e.g. coughing & sneezing

Or in a direct contact with someone who has respiratory symptoms



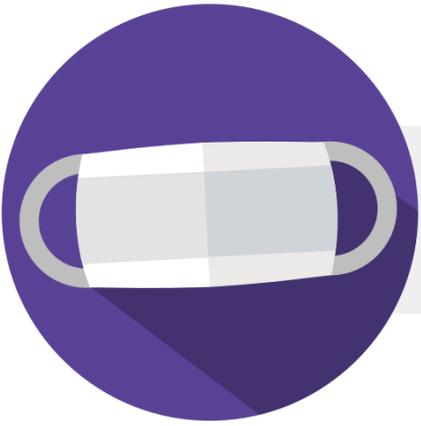
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■ Do you have COVID-19 symptoms?



Wear a mask

Call 937

937



You will be directed
to the nearest hospital

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When to use
the mask





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Prevention from
COVID-19

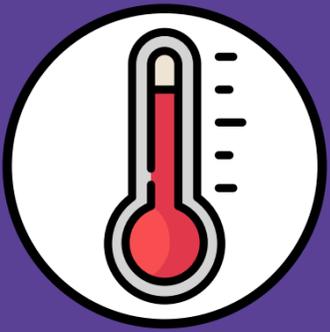




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If you are coming from

A country that's has confirmed cases with
#Coronavirus_COVID19
Within 14 days from the arrival date



Fever

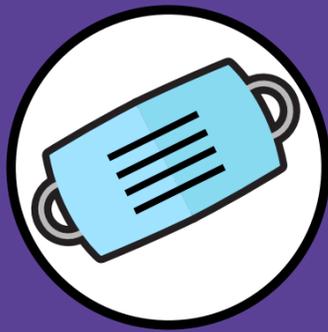


Cough



Shortness
of breath

then you are
advised to



Wear mask



Stay home



Call 937

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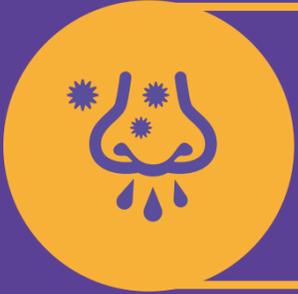
Travelling

While **COVID-19** outbreak



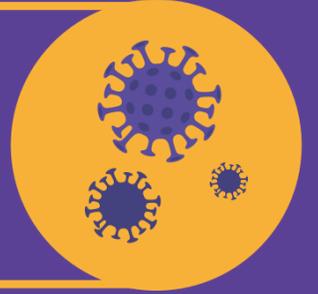
Travel only
if needed

wear a **mask**



Avoid traveling
when you have a
fever or cough

Avoid traveling to
pandemic countries



If you have
symptoms of
COVID-19, call 937

People with **chronic**
diseases should
see a **doctor**
before traveling



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They say...

**Wearing a mask
will protect you from
catching corona virus**

Masks are only needed if you're having symptoms of a respiratory infection, or of those who are in direct contact with infected individuals



NO NO
NO NO
NO NO

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Home Quarantine

Procedures:

When coughing or sneezing



cover your mouth with the elbow



use tissues



dispose them in the trash



wash your hands with soap, water or sterile alcohol

- Stay home in a room and stay away from others as much as possible.

- Get help from those around you to take care of you.

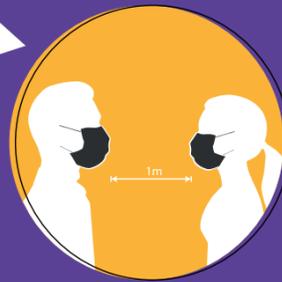


- Avoid traveling and public places (school or work).
- Avoid receiving visitors at home.

When necessary, to communicate with others:



Wear a mask when leaving the house



chatting with others



When symptoms occur, call MOH 937

Follow this for 14 days to reduce the spread of infection

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الوقاية من

كورونا

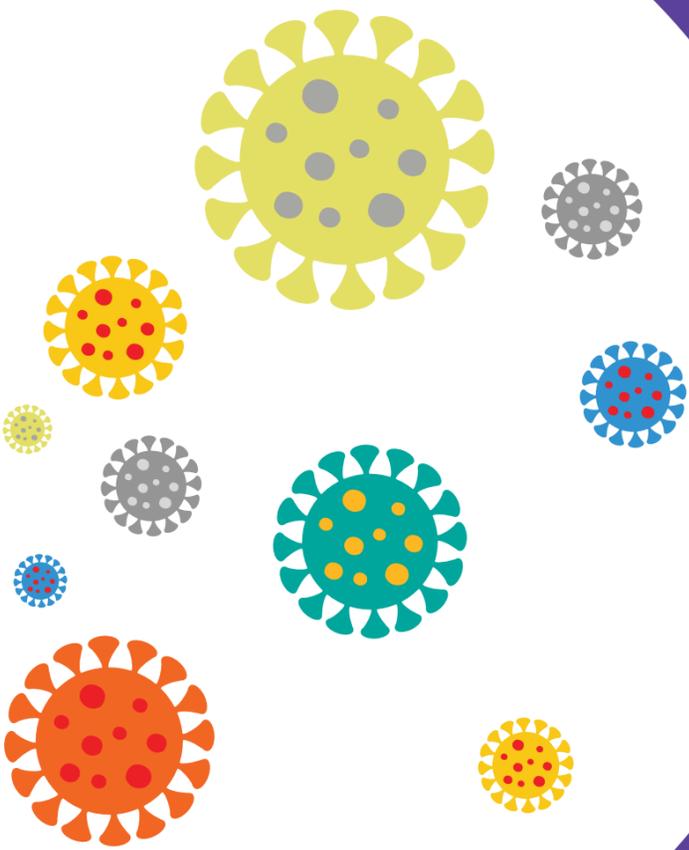
الفيروس الجديد

(COVID-19)

دليلك التوعوي

عن الفيروس

#الوقاية_من_كورونا



إحدى مبادرات وزارة الصحة

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